



COLLEGE & CAREER READINESS: Academic & Personal Behaviors

New York City Department of Education

Academic and Personal Behaviors are the learning habits and skills that support College and Career Readiness.

Persistence	Persistence is needed to support long-term commitment to personal, social and educational goals through a positive mindset and self-efficacy.
Engagement	Engagement supports achievement in school by increasing students' personal confidence and their social-emotional connection to the surrounding community.
Work Habits / Organizational Skills	Strong work habits and organizational skills support successful navigation of middle school, high school, college and careers.
Communication / Collaboration Skills	Communication and collaboration are essential skills in successful educational and professional experiences, including college and career transitions.
Self-Regulation	Self-regulation is key to resiliency. Students must develop self-control, coping skills and metacognitive awareness to work through challenges.